



**Plainfield Park District
Youth Futsal League Rules (Ages 5-10)
2024
Revised 10/2024**

The following are modifications made within the Plainfield Park District. All other rules will be governed by the National Federation of High School Soccer Rules. All players must be registered with a signed release form by his/her parent or guardian before being eligible to participate. The Plainfield Park District reserves the right to modify any rule as deemed necessary.

A. General Rules

1. Schedule: Games are to be played as scheduled.
2. Cancellations: Should questionable weather develop, check the weather hotline at: <https://statusfy.com/8154495458>.
3. Start Times & Forfeits: A 5-minute grace period will be allowed before a game is forfeited. Teams must have a minimum of 4 players available to play at the time the officials call for play to begin and throughout the course of the game. Failure to meet this requirement will result in a forfeit and the two teams will split up evenly and scrimmage.
4. End of Quarters: Teams will be given 1-minute between quarters and 5-minutes at half time. Half time may be shortened if games are behind.
5. A team cannot score on a kickoff unless it touches another player.
6. A kick in is awarded:
 - i. When the whole ball passes over the touchline, either in the air or on the ground.
 - ii. From the point where it crossed the touch line.
 - iii. To the opponents of the player who last touched the ball.
7. A player doing a kick in must:
 - i. Place the ball on the line or no more than 10 inches behind the line where the ball went out.
 - ii. The kicker's non-kicking foot must be out of bounds or on the line.
 - iii. A goal cannot be scored directly from a kick-in. Kick-ins are indirect kicks.
 - iv. The player doing the kick-in may not touch the ball again until it has touched another player.
8. A goal kick is awarded when the whole ball, having last touched a player of the attacking team passes over the goal line, either on the ground or in the air, & a goal was not scored.
9. The goal kick can be taken by any player. The kick is taken on the edge of the goal box. The kicker cannot touch the ball again, until it is touched by another player. All opposing players must be 10 feet away from the kicker. A goal may be scored from a goal kick.
10. A corner kick is awarded when the whole ball, having last touched a player of the defending team passes over the goal line, either on the ground or in the air.
11. The corner kick is taken from inside the arc at the corner of the field. Any offense attacking player can take the kick and the kicker cannot touch the ball again until it is touched by another player. A goal may be scored from a corner kick. All defending players must be 10 feet away from corner kick & cannot run toward the ball until it is kicked.
12. All penalties will result in an indirect free kick. An indirect free kick means the ball MUST touch someone else before going into the goal. This includes the goalie.
13. The defense & goalie cannot cross the mid-line.
14. A ball is out of play when the whole ball has crossed the goal line or touch line whether on the ground or in the air. The entire ball must be out of bounds for the referee to make a call.
15. There is not an offside rule in the Plainfield Park District Leagues.

B. Uniform and Jewelry

1. Uniform: All players are to wear the jersey provided by the Plainfield Park District.
2. Shin guards: All players must wear shin guards with soccer socks covering the entire shin guard.
3. Jewelry: For the safety of all involved, participants will not be permitted to wear any sort of jewelry, including earrings, rings, necklaces, watches, bracelets, hard hair barrettes or accessories. These items may NOT be taped. They must be removed to participate.
4. The site supervisor & official are responsible for all decisions related to illegal equipment.

C. Playing Time, Substitutions, Game Length

1. Maximum participation and balanced playing time for all players is strongly recommended.
2. Teams will consist of:
 - i. Age 5-6: (6) players on the field: (3) offense, (2) defense & (1) goalie.
 - ii. Age 7-10: (5) players on the field: (2) offense, (2) defense & (1) goalie.
3. All coaches need to rotate players to new positions at the beginning of every quarter. In the event of a "blow out" the more skilled players should be placed on the defense or in the goal.

4. Goalies cannot play the entire game in the goal. Goalies must play out of the goal for a minimum of 10 minutes a game. If you have no subs, the goalie must play another position. If you do have subs, the goalie must sub like any other player.
5. **This league plays (4) 8-minute quarters**
6. In the 5–6-year-old division, the score will not be displayed on the scoreboard. The scoreboard will simply be used to display the time.
7. In the 7–10-year-old divisions, the score will be displayed on the scoreboard. At no time should the score differential be more than 5 points. Once a 5-goal gap is reached, the leading team should not be advanced on the scoreboard until the differential again falls below 5 points.
8. The clock stops on injuries, goals & time-outs only.
9. All teams are permitted to use (1) 30 second time-out per half.
10. **All coaches will be rotating their players as follows: (4) minutes into the quarter.**
11. Coaches may go onto the field to help instruct their players. While on the field, coaches may not interrupt the flow of the game or stand in the crease of the goal.

D. Equipment:

1. **Soccer ball size:** Size 4 Futsal Ball will be used.
2. **Soccer goal size:**
 - i. Age 5-6: 4x6 goal.
 - ii. Age 7-10: 5x10 goal.

E. Penalties: Penalties include:

1. Tripping
2. Pushing
3. Hand ball - when it touches the arm or hand.
4. Obstruction
5. Dangerous Play
6. Penalty Kick
 - i. In all leagues, if there is a penalty inside the penalty box, a penalty kick will be awarded. The penalty kick is taken by the designated player. All players need to move aside, and the goalie must have their heels on the goal line. The goalie may not move until the ball is kicked. The ball is in play if the goalie makes a save.

F. Sportsmanship: Good sportsmanship is required. It is expected that all team personnel (coaches, assistant coaches, team attendants, and players) and spectators will always conform to sportsmanlike behavior. Violations such as the following will not be tolerated and will result in immediate ejection from the game and premises by Park District staff or officials:

1. Verbal or physical abuse towards officials, Park District staff, coaches, participants, or spectators.
2. Foul, profane, or obscene language or gestures.
3. Violation of Coaches' Code of Ethics.
4. Violation of Parents' Code of Ethics
 - i. Players: Should a player be removed from the game, he/she will be suspended a minimum of 1 game (the next scheduled or played game). The player and parents must also meet with the League Manager before he or she is allowed to return to the League.
 - ii. Coaches: Any coach who is removed from a game will receive a minimum (1) game suspension and must meet with the League Manager before being allowed to resume their coaching duties. Any coach who is asked to leave the fields a 2nd time will be suspended for the rest of the season and must meet with the League Manager a 2nd time to discuss any further involvement with the Plainfield Park District Youth Sports Leagues.
 - iii. Ejections: Any player, head coach, assistant coach, or spectator that has been ejected from a game must immediately leave the premises or the game will be forfeited. Ejections will result in a minimum 1 game suspension (cannot come to the fields) upon review of the League Manager.

G. Bench/Sideline: Each team is permitted to have only 1 head coach, 2 assistant coaches, and their players on the team sideline. Both the 1 head coach and 2 assistant coaches on the bench must have a completed background check/Volunteer Coach Application.